# KANSAS CITY HEART RHYTHM SYMPOSIUM 2023 Sheraton Overland Park Hotel August 19-20, 2023

Course Director: Dhanunjaya Lakkireddy, MD, FACC, FHRS Kansas City Heart Rhythm Institute, Overland Park, KS

Free CME/CE Credit



# Co-Sponsored by: ACADEMY for CONTINUED HEALTHCARE LEARNING

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### **CONFERENCE OVERVIEW**

The Kansas City Heart Rhythm Symposium is an electrophysiology-focused medical education event for the neighboring four-state region. A variety of topics will provide specialists and generalists an update on the evolution of disease processes, diagnostic tools, therapeutic strategies and ethical issues in the advancement of patient care. The purpose of this symposium is to update medical practitioners in the greater Midwest region as well as nationally on the future of cardiac electrophysiology (EP), and on new diagnosis and treatment guidelines in the care and management of patients with arrhythmias, heart failure and other issues impacting the electrical system of the body. Participants will learn about advances in ablation techniques, device management, appropriate use criteria, and survey new developments in guidelines and recommendations. A review of clinical trials that have helped change the clinical practice of EP will also be held. Participants in this symposium will examine the latest trends in left atrial appendage (LAA) treatment options and gain a greater understanding of anticoagulation and stroke prophylaxis.

This activity is designed for physicians, advanced practice nurses, registered nurses and allied health professionals in the fields of electrophysiology, interventional cardiology, interventional radiology, and vascular surgery.

### **LEARNING OBJECTIVES**

#### Upon completion of this activity, learners will be able to:

- Discuss types of devices used for monitoring and treating arrhythmias.
- Demonstrate the use of imaging techniques to improve procedural outcomes.
- Apply guideline-endorsed, clinically applicable strategies to help resolve device-related issues.
- Summarize clinical trial results that can be applied to improving the safety and efficacy of electrophysiology (EP) procedures.
- Explain anticoagulation treatment and stroke prophylaxis options for cardiac patients.
- Examine clinical evidence for the latest trends in LAA treatments.

### **CME/CE INFORMATION – PHYSICIANS AND NURSES**

#### **ACCREDITATION STATEMENT**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Academy for Continued Healthcare Learning (ACHL) and the Kansas City Heart Rhythm Symposium (KCHRS). ACHL is accredited by the ACCME to provide continuing medical education for physicians.

#### **CREDIT DESIGNATION**

**Physicians:** The Academy for Continued Healthcare Learning designates this live activity for a maximum of 12.25 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician assistants, nurse practitioners, and nurses may participate in this educational activity and earn a certificate of completion as AAPA, AANP, and ANCC accept *AMA PRA Category 1 Credits*<sup>™</sup> through their reciprocity agreements.

Nurses: Provider approved by the California Board of Registered Nursing, Provider Number 17273 for 12.25 contact hours. Partial credit may not be awarded for CBRN credit; participation in the complete activity is required.

#### **METHOD OF PARTICIPATION**

To receive credit: Go to www.ACHLcme.org; click on "Use Certificate Code"; enter the Certificate Code 49021092; complete the evaluation, and your certificate will be immediately available to you.

Participants will receive an automated certificate. You may print or save this record for your files. It will also be sent to you via email to the address provided in your profile on www.ACHLcme.org. There is no fee for the generation of the certificate. Inquiries may be directed to ACHL at (877) 444-8435, ext. 160.

#### DISCLOSURES

The Academy for Continued Healthcare Learning (ACHL) requires that the faculty participating in an accredited continuing education activity disclose all affiliations or other financial relationships within 24 months (1) with the manufacturers of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation and (2) with any ineligible companies. All relevant financial relationships will be mitigated prior to this activity. For a full listing of faculty disclosures, please access www.kchrs.com.

ACHL staff members, Kansas City Heart Rhythm Symposium staff members, and others involved with the planning, development, and review of the content for this activity have no relevant affiliations or financial relationships to disclose.

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# 2023 PIONEER IN ELECTROPHYSIOLOGY AWARD RECIPIENT AND KEYNOTE SPEAKER



**Samuel Lévy, MD** Professor of Medicine & Cardiology Aix-Marseille University Marseille, France

Pr Lévy is currently a full professor of medicine and cardiology at Aix-Marseille Université, School of Medicine, France. After medical and postgraduate training at the University of Paris, School of Medicine, Pr Lévy completed several fellowships in internal medicine and cardiology at Hospitals in France, University of Marseille as well as a senior fellowship at the University of Miami School of Medicine in USA from July 1971-July 1973. In 1975, he became professor of cardiology at the University of Bordeaux, and in 1979, he became professor of medicine and cardiology at the University of Marseille, School of Medicine. Pr Lévy was promoted in 1991 to First Class professor of cardiology and in 2003 he received the University's highest promotion as Professor of Exceptional Class ("Professeur de Classe Exceptionnelle"). Pr Lévy is a noted researcher in the study of cardiac arrhythmias particularly atrial fibrillation and electrophysiology, having authored or co-authored more than 300 related scientific papers and articles, as well as an investigator for a number of other clinical trials relating to management of cardiac arrhythmias. His special interests include also sudden cardiac death and implantable cardioverter defibrillators and congestive heart failure. He was part of the Committee who wrote the ACC/AHA/ESC Guidelines on Atrial Fibrillation (Circulation 2001) and on the Guidelines on Heart Failure of the European Society of Cardiology (European Heart J 2005). He serves on numerous professional journal editorial boards and is a leading member of international scientific and professional societies. He was chairman of the Working Group of Arrhythmias of the European Society of Cardiology and was a member of the Science Council and member of the Committee for nomination of Professors in cardiology in France (Conseil National des Universités). Pr Lévy was President of the Europace 2003 Meeting which was held in Paris in December 14-17, 2003, and organized in 2005-2019 and 2023 Annual Congress of the European Cardiac Arrhythmia Society (ECAS), an international Congress on Cardiac Arrhythmias well attended and allowing young fellows to meet with prestigious Faculty from over the world. He received in 2011 the "Prix Laennec" from the French Cardiac Society which is given annually to a cardiologist who contributes to the prestige of French Cardiology.

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### FACULTY

**Dr. Amin Al-Ahmad** Texas Cardiac Arrhythmia Institute Austin, TX

**Dr. Rawan Albadareen** Overland Park Neurology Overland Park, KS

**Dr. Christine Albert** Cedars Sinai Los Angeles, CA

**Dr. Sana Al-Khatib** Duke Health Durham, NC

Dr. Ulrika Birgersdotter-Green University of California San Diego San Diego, CA

Ms. Patricia Blake Heart Rhythm Society Washington DC

**Dr. David Burkhardt** Texas Cardiac Arrhythmia Institute Austin, TX

**Dr. Jane Chen** University of Minnesota Minneapolis, MN

**Dr. Jie Cheng** Memorial Hermann Health System Houston, TX

**Dr. Minglong Chen** APHRS Chinese Society Jiangsu, China

**Dr. Mina Chung** Cleveland Clinic Cleveland, OH

Dr. Carlo de Asmundis HRMC UZ Brussel Brrussels, Belgium, **Dr. Thomas Deering** Piedmont Heart Institute Atlanta, GA

Dr. Luigi Di Biase Montefiore Medical Center Bronx, NY

**Dr. Christopher Ellis** Vanderbilt University Medical Center Franklin, TN

**Dr. Rakesh Gopinathannair** Kansas City Heart Rhythm Institute Kansas City, KS

Dr. Scott Greenburg Baylor, Scott & White Dallas, TX

**Dr. Justin Hayse** UCLA Los Angeles, CA

**Dr. John Hummell** Richard M. Ross Heart Hospital Columbus, OH

**Dr. Jodie Hurwitz** Medical City Heart Hospital Dallas, TX

**Dr. Rajesh Kabra** Kansas City Heart Rhythm Institute Kansas City, KS

**Dr. Saibal Kar** Los Robles Medical Center Lo Robles, CA

**Dr. Bradley Knight** Northwestern University Chicago, IL

**Dr. Scott Koerber** Kansas City Heart Rhythm Institute Kansas City, KS **Dr. Fred Kusumoto** Mayo Clinic Rochester, MN

**Dr. Kevin Kwaku** Dartmouth Hitchcock Medical Center Lebanon, NH

**Dr. Dhanunjaya Lakkireddy** Kansas City Heart Rhythm Institute Kansas City, KS

**Dr. Samuel Lévy** Aix-Marseille University Marseille, France

**Dr. Charles Love** Johns Hopkins University Baltimore, MD

Dr. S. Chris Malaisrie Bluhm Cardiovascular Institute of Northwestern Chicago, IL

**Dr. Moussa Mansour** Massachusetts General Hospital Boston, MA

**Dr. Rangadham Nagarakanti** Northern Arizona Health Sedonna, AZ

**Dr. Andrea Natale** Texas Cardiac Arrhythmia Institute Austin, TX

**Dr. Jose Osario** HCA Florida Miami Miami, FL

**Dr. Linda Ottobani** Stanford University Palo Alto, CA

**Dr. Douglas Packer** Mayo Clinic Rochester, MN **Dr. Rhea Pimentel** University of Kansas Health System Kansas City, KS

**Dr. Sunny Po** OK University Health Sciences Center Oklahoma City, OK

**Dr. Krishna Pothineni** Kansas City Heart Rhythm Institute Overland Park, KS

**Dr. Ahmed Romeya** Midwest Heart and Vascular Overland Park, KS

**Dr. Andrea Russo** Cooper University Health Care Voorhees, NJ

**Dr. Sanjeev Saksena** RWJ Barnabas Health Warren, NJ

**Dr. Naushad Shaik** Cardiovascular Associates Kissimmee, FL

**Dr. Poojita Shivamurthy** Louisiana Heart Rhythm Institute Alexandria, LA

**Dr. Jagmeet Singh** Massachusetts General Hospital Boston, MA

**Dr. Justin Van Meeteren** Midwest Heart and Vascular Overland Park, KS

**Dr. Ralph Verdino** Perelman School of Medicine Longboat Key, FL

### SATURDAY & SUNDAY, AUGUST 19-20, 2023

### **COURSE PROGRAM**

#### SATURDAY AUGUST 19, 2023 (ALL TIMES LISTED ARE CENTRAL TIME ZONE)

7:45-7:50	Opening Remarks – Dr. Dhanunjaya Lakkireddy
Session I:	Electrophysiology During COVID – Chairs: Dr. Mina Chung and Dr. Thomas Deering
7:50-8:00	Heart Rhythm Society – Rediscovering and Redefining Its Mission – Dr. Jodie Hurwitz
8:00-8:10	Does COVID Provide a Disease Template for Cardiac Dysautonomia's and Chronic Fatigue Syndrome – Management Strategies – Dr. Minglong Chen
8:10-8:20	COVID-Related Cardiac Arrhythmias and Myocarditis – Diagnosis, Management, and Risk – Dr. Rakesh Gopinathannair
8:20-8:25	Case-Based Learning – Dr. Randy Nagarakanti
8:25-8:35	Panel Discussion
Session II:	Thinking Outside the Box for Heart Failure, Defibrillation, and Pacing – Chairs: Dr. Kevin Kwaku and Dr. Rakesh Gopinathannair
8:35-8:45	Role of Cardiac Contractility and Vagal Nerve Stimulation in Managing Patients with Heart Failure – Dr. Jagmeet Singh
8:45-8:55	Subcutaneous and Substernal ICDs – Current Status – Dr. Naushad Shaik
8:55-9:05	State of the State in Leadless Pacing – Single, Dual, and CRT Systems – Dr. Ralph Verdino
9:05-9:15	Advances in Physiologic Pacing – State of the State in 2023 – Dr. Fred Kusumoto
9:15-9:25	Cardiac Reverse Remodeling – Evidence Based Impact of Novel Device Therapies on Arrhythmias and Ventricular Function – Dr. Sana Al-Khatib
9:25-9:30	Case-Based Learning – Dr. Poojita Shivamurthy
9:30-9:45	Panel Discussion
Session III:	EP Pioneer Award Celebration – Presenters: Dr. Dhanunjaya Lakkireddy, Dr. Andrea Natale, Dr. Jodie Hurwitz and Dr. Sanjeev Saksena
9:45-9:50	Award Recitation – Dr. Sanjeev Saksena
9:50-10:20	Pioneer in Cardiovascular Electrophysiology: "Progress and Challenges in Atrial Fibrillation" – Dr. Samuel Levy
	Panel Discussion
10:25-10:40	
Session IV:	Prevention and Management of Cardiac Device Infections – Chairs: Dr. Christine Albert and Dr. Sunny Po
10:40-10:50	Breaking Barriers in Patient Care with CIED Infections – COGNITO Study and More – Dr. Ulrika Birgersdotter-Green
10:50-11:00	Role of Antibiotic Prophylaxis, Pouches, Rinses, and Other Techniques in Preventing CIED Infections – Dr. Andrea Russo
	Bacteremia in a Patient with CIED – How Do You Manage? – Dr. Charles Love
11:10-11:15	Case-Based Learning – Dr. Justin Van Meeteren
11:15-11:30	Panel Discussion
Session V:	Innovations in 3D Mapping and Imaging – Chairs: Dr. Rajesh Kabra and Dr. Mina Chung
11:30-11:40	Artificial Intelligence and Non-Conventional Mapping for Improved Success of Arrhythmia Ablation: Volta, Vivo, Rhythm AI and Accumap – Dr. DJ Lakkireddy
11:40-11:50	Insights into Arrhythmia Substrate Through Rapid Multipolar Mapping Technologies – Dr. Luigi Di Biase
11:50-12:00	3D/4D Intracardiac Echocardiography in EP Procedures? – Dr. Amin Al-Ahmad
12:00-12:05	Case-Based Learning – Dr. Rhea Pimentel
12:05-12:15	Panel Discussion
12:15-13:00	Lunch
Session VI:	What Is New with Pulse Field Ablation in 2023 – Chairs: Dr. Andrea Russo and Dr. Kevin Kwaku
13:00-13:10	How Is PFA Different from RF and Why Is It Taking so Long to Figure It Out? – Dr. Douglas Packer
13:10-13:20	Current Data on PFA for AF Therapy? – Dr. Andrea Natale
	Novel Catheter Technologies in PFA – Dr. John Hummel
13:30-13:40	What Is It That We Don't Know About PFA? – Dr. Moussa Mansour
13:40-13:45	Case-Based Learning – Dr. Luigi Di Biase
	Panel Discussion
	Improving the Efficiency of Ablation – Chairs: Dr. Douglas Packer and Dr. Andrea Natale
	Does LAA Electrical Isolation/Elimination Have an Adjunctive Role in the Treatment of Non-Paroxysmal AF: Deep Dive into the Amaze Data? - Dr. DJ Lakkiredd
	Identification and Modification of Left Atrial Scar as a Rx Strategy in Advanced AF Patients – A Critical Appraisal – Dr. Bradley Knight
14:20-14:30	Hybrid Ablation – Who, When and How? – Dr. S. Chris Malaisrie

### KANSAS CITY HEART RHYTHM SYMPOSIUM 2023 COURSE PROGRAM (CONTINUED)

14:30-14:40	Role of Non-Contact Mapping in Defining Substrate and Non-PV Triggers for Improved Ablation Outcomes – Dr. Dhanunjaya Lakkireddy
14:40-14:50	The AF-HFpEF Syndrome — Data-Driven Management Strategies — Dr. Sanjeev Saksena
14:50-14:55	Case-Based Learning – Dr. Ahmed Romeya
14:55-15:10	Break
Session VIII:	Lifestyle Medicine and Electrophysiology – Chairs: Dr. Jane Chen and Dr. Jodie Hurwitz
15:10-15:20	Weight Loss and Sleep Apnea in AF Management – Dr. Scott Koerber
15:20-15:30	Strategies for improving Health Equity in Arrhythmia Care – Dr. Thomas Deering
	Case-Based Learning – Dr. Krishna Pothineni
15:35-15:45	Panel Discussion
	Practical Issues in Arrhythmia Management – Chairs: Dr. Thomas Deering and Dr. S. Chris Malaisrie
	How to Use IV Sotalol to Improve Efficiency and Safety of AAD Loading? DASH AF and more – Dr. Bradley Knight
	What Is the Real Value of Genetic Screening in Electrophysiology – Dr. Mina Chung
16:05-16:15	Vascular Closure Devices for EP Procedures – Plugs, Sutures, and Other Novel Compression Devices – Dr. Rajesh Kabra
	Understanding the Regulatory Processes Behind EP Reimbursement – Dr. Thomas Deering
	Implantable Cardiac Monitors for Long Term Dynamic Arrhythmia Care – Dr. Christine Albert
	Case-Based Learning – Dr. Fred Kusumoto
16:40-17:00	Panel Discussion
CUMPAV	AUGUST 20, 2023
7:50-0800	Updates from HRS – Ms. Patricia Blake, CEO of HRS
Session X:	Stroke Prophylaxis and Left Atrial Appendage Management – Chairs: Dr. Fred Kusumoto and Dr. Scott Greenberg
8:00-8:10	Novel Oral Anticoagulants in Stroke Prophylaxis – Dr. Andrea Russo
8:10-8:20	Stroke Prophylaxis and LAA Epicardial and Endocardial Occluders – Where Are We Today? – Dr. Saibal Kar
8:20-8:30	Practical Issues After LAAO and Management Strategies – Dr. Moussa Mansour
8:30-8:40	Do You Still Need LAA Closure After AF Ablation – Who, When, and How? – Dr. Christopher Ellis
8:40-8:50	How to Manage Cryptogenic Stroke Better – Bringing the Neurologists and Electrophysiologists Together - Dr. Rawan Albadreen
8:50-8:55	Case-Based Learning – Dr. Scott Koerber
8:55-9:10	Panel Discussion
Session XI:	Digital Health and Innovations in Electrophysiology – Chair: Dr. Jie Cheng
9:10-9:20	Smart Watches and Other Digital Tools in Cardiovascular/EP Practice? – Dr. Sana Al-Khatib
9:20-9:30	Artificial Intelligence and Machine Learning in Arrhythmia Care and Practice Management – Dr. James Osorio
9:30-9:40	Innovations in Wearable External Defibrillators – Dr. Jane Chen
9:40-9:50	Digital Revolution and EP Future – What is in the Pipeline – Dr. Rajesh Kabra
9:50-9:55	Case-Based Learning – Dr. Poojita Shivamurthy
	Managing Ventricular Arrhythmias – Chairs: Dr. Douglas Packer and Dr. Bradley Knight
	What Is the Most Practical Approach to Performing VT Ablation? – Dr. Andrea Natale
	Role of Remote Magnetic Navigation in VT Ablation – Dr. David Burkhardt
	Ventricular Arrhythmias and Arrhythmogenic Myocarditis – A Global Perspective – Dr. Krishna Pothineni
	Tackling Difficult Anatomic Substrates in VT/PVC Ablation – ETOH, Bipolar Ablation, and More – Dr. Sunny Po
	Case-Based Learning – Dr. John Hummell
	Panel Discussion
	Electrophysiology Practice Concepts – Chairs: Dr. Andrea Natale and Dr. Rhea Pimentel
	Autonomic Modulation in Arrhythmia Care – Dr. Justin Hayase
	Going Back to Old School – Leveraging EGMs to Improve Efficacy, Safety of Ablation – Dr. Amin Al-Ahmad
	Advocacy 360 – Grassroots Perspectives of a Practicing EP – Dr. Scott Greenberg
	Remote Monitoring in EP Practice – Impact on Patient Care and Practice Viability – Dr. Kevin Kwaku
	Novel Interventions in the Management of Inappropriate Sinus Tachycardia, Vasovagal Syncope, and POTS – Dr. Carlo de Asmundis
	Exercise and Mind-Body Modulation in Arrhythmia Management – Dr. Linda Ottobani
	Panel Discussion
	Closing Remarks – Dr. Dhanunjaya Lakkireddy

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### A C K N O W L E D G E M E N T S

### **COMMERCIAL SUPPORTERS**

This symposium is supported through educational grants from

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### **EXHIBITORS**

We wish to acknowledge and sincerely thank the following organizations for exhibiting.

#### **PLATINUM TIER**

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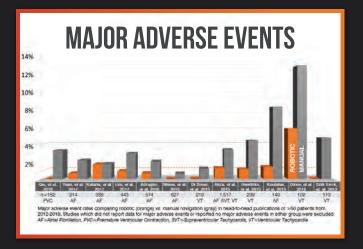
# **CLINICAL EVIDENCE FOR ROBOTICS IN EP**

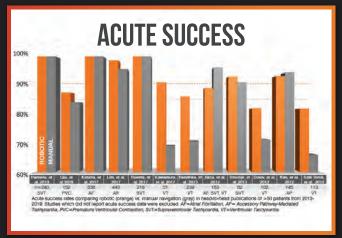
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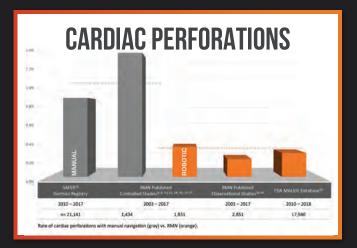


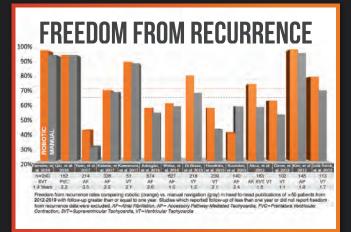
We believe data should be presented clearly and comprehensively. That's why we present data from all known publications describing **robotic** vs. manual cardiac catheter ablations in head-to-head comparisons with greater than 50 patients since 2012.





Stereotaxis robotic technology has been described in more than 400 scientific publications. Review the above data in detail and discover the full, searchable database of publications at www.RoboticEP.com/clinical-data



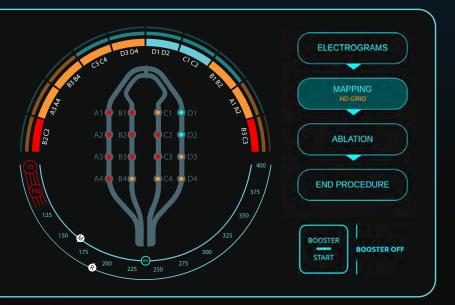






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# March 1-2, 2024 New York City, NY

www.islaasymposium.com

# April 18-19, 2024

St. David's Medical Center Austin, TX

## HYBRID EVENT

PLive

### **COURSE OVERVIEW**

The primary goal of EPLive Austin is to focus on practicing electrophysiologists, EP fellows in training and associated professionals to help meet the educational needs of practicing groups. Our focus will be in arrhythmia treatment including: atrial fibrillation, ventricular arrhythmias, implanting cardiac devices and new technologies regarding advances in electrophysiology

### **HIGHLIGHTS INCLUDE**

- Live Cases
- Expert Discussion
- Interactive Sessions

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