### KANSAS CITY HEART RHYTHM SYMPOSIUM 2025

Sheraton Overland Park Hotel August 16-17, 2025

Course Director: Dhanunjaya Lakkireddy, MD, FACC, FHRS Kansas City Heart Rhythm Institute, Overland Park, KS

**Free CME/CE Credit** 

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### **KANSAS CITY HEART RHYTHM SYMPOSIUM 2025**

August 16-17, 2025 | Sheraton Overland Park Hotel | www.kchrs.com

### 2025 PIONEER IN ELECTROPHYSIOLOGY AWARD RECIPIENT AND KEYNOTE SPEAKER

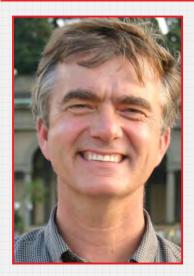


### Francis E. Marchlinski, MD Director of Cardiac Electrophysiology University of Pennsylvania Health System Philadelphia, PA

Dr. Marchlinski is Director of Cardiac Electrophysiology for the University of Pennsylvania Health System, the Director of the Cardiac Electrophysiology Translational Center of Excellence and the Richard T. and Angela Clark President's Distinguished Professor. He is a graduate of the Perelman School of Medicine and completed his postdoctoral internal medicine residency and cardiology/ electrophysiology fellowship training at the Hospital of the University of Pennsylvania. He has authored over 600 original scientific articles and over 250 book

chapters/reviews/editorials; his research efforts have been supported by the Leducq Foundation, the National Institutes of Health and generous philanthropic support from patients. He is on the editorial board of numerous cardiology/electrophysiology journals. Dr. Marchlinski has trained over 200 fellows in electrophysiology, many of whom have gone on to lead electrophysiology programs across the globe. Dr. Marchlinski has also directed numerous regional and international electrophysiology symposia and has received numerous teaching awards at the University of Pennsylvania. He has been the recipient of other prestigious honors including the Luigi Mastroianni Clinical Innovator Award, the Venice Arrhythmia Distinguished Scientist Award, the Association for Clinical and Translational Science Distinguished InvestigatorCareer Achievement Awardand the Heart Rhythm Society Distinguished Teacher Award.

### **2025 EP TRAILBLAZER AWARD RECIPIENT**



### Mark W. Kroll, PhD, FACC, FHRS, FIEEE Adjunct Professor, Biomedical Engineering University of Minnesota Minneapolis, MN

Mark Kroll, PhD, FACC, FAIMBE, is a biomedical scientist with a primary specialty in bioelectricity. Secondary biomedical specialty is biomechanics with a focus on the biomechanics of arrest-related death (ARD). His bioelectricity scientific work involves researching and lecturing on electric shocks and their effects on the body. In his subspecialty of ARD biomechanics, he published the first paper establishing the amount of weight required to crush the human chest and the first paper on fatal head injuries from electrical-weapon-induced falls.

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### **COURSE PROGRAM**

### **SATURDAY, AUGUST 16, 2025**

- 0755-0800 **Opening Remarks** Dr. Dhanunjaya Lakkireddy
- Session 1: Exploring the Heart Rhythm World in 2025 Moderators: Dr. Jodie Hurwitz and Ms. Brynn Dechert, NP
- 0800-0810 Heart Rhythm Society Upholding Science, Values and Advocacy during times of Global Trade Wars, Budget Cuts and Shifting Societal Priorities Dr. Mina Chung
- 0810-0820 New Insights into Cardiovascular Dysautonomia's Evolving Theories of Pathophysiology Dr. Brian Olshansky
- 0820-0830 Tackling Disparities in Arrhythmia Care Understanding Social Determinants of Health Dr. Jalaj Garg
- 0830-0835 Case Based Learning Dual Pulse Single Tip Flexible PFA Catheter Dr. Scott Koerber
- 0935-0945 **Discussion**
- Session 2: Advances in Heart Failure, Defibrillation & Pacing Moderators: Dr. Robert Schaller & Dr. Jagmeet Singh
- 0845-0855 Novel Hemodynamic Sensing in ICDs and Other CIEDs. Is the Needle Moving? Dr. Jie Cheng
- 0855-0905 Subcutaneous and Substernal ICDs Which Patient and Who? Dr. Robert Schaller
- 0905-0915 Leadless Pacing Single, Dual and CRT Systems Dr. Vivek Reddy
- 0915-0925 Advances in Physiologic Pacing State of the State in 2025 Dr. Sana Al-Khatib
- 0925-0935 Cardiac Contractility Modulation & Baroreflex Activation Therapy in HF Are We There Yet? Dr. Jagmeet Singh
- 0935-0945 Case Based Learning Single Shot, Open Architecture Multi-Electrode PFA with LAAO Closure Dr. Poojita Shivamurthy
- 0945-0955 Panel Discussion
- Session 3: EP Pioneer Award Moderators: Dr. Dhanunjaya Lakkireddy, Dr. Andrea Natale, Dr. Mina Chung & Dr. Krishna Pothineni
- 0955-1020 **Pioneer in Cardiovascular Electrophysiology Lecture:** VT Mapping/Ablation in Nonischemic Cardiomyopathy: Where We've Been and Where We're Going Dr. Francis Marchlinski (Award Recitation Dr. Mina Chung)
- 1020-1030 Panel Discussion
- 1030-1045 Break
- Session 4: Managing Oral Anticoagulation in Non-Valvular AF Moderators: Dr. Thomas Deering and Dr. Jared Bunch
- 1045-1055 Evolution of Pharmacological Stroke Prophylaxis from Antiplatelets, VKA to DOAC Dr. Mina Chung
- 1055-1115 Stroke Prophylaxis in AF: Which is More Important Stroke Risk or Bleeding Risk?

It is the Stroke Risk -Dr. Sana Al-Khatib (8 min);

No - it is the Bleeding Risk – Dr. Andrea Russo (8 min).

4 minutes for rebuttal

- 1115-1122 Emerging Evidence on Factor XI Inhibitors in NVAF Dr. Jodie Hurwitz
- 1122-1130 Case Based Learning When OAC Doesn't Shrink the LAA Thrombus? Dr. Rajesh Kabra
- 1130-1145 Panel Discussion
- Session 5: Innovations in 3D Mapping and Imaging Moderators: Dr. Amin Al-Ahmad and Dr. Doug Darden
- 1145-1155 Non-Conventional Mapping for Improved Success of Arrhythmias Ablation Volta, Vivo, Vector and More Dr. Devi Nair
- 1155-1205 Evolution of Multi-Modalities in Image Integration Intracardiac Echo and 3D Mapping Dr. Rakesh Gopinathannair
- 1205-1215 Novel Applications of 3D/4D Intracardiac Echocardiography in EP Procedures Dr. Amin Al-Ahmad
- 1215-1220 Case Based Learning Circular Single Shot Irrigated Catheter Dr. Chris Porterfield
- 1220-1230 Lunch

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### **COURSE PROGRAM**

### **SATURDAY, AUGUST 16, 2025 (CONTINUED)**

Session 6:	An Avaianche Called Pulse Field Ablation — Moderators: Dr. Bradley Knight and Dr. Vivek Reddy
1300-1310	Biophysics of PFA and Foundational Differences from RF and Cryo — Dr. Douglas Packer
1310-1320	Current Data on PFA for AF Therapy - Dr. Moussa Mansour
1320-1330	Novel Catheter Technologies in PFA — Dr. Andrea Natale
1330-1340	The Collateral Maladies of PFA — NEMESIS PFA and More — Dr. Dhanunjaya Lakkireddy
1340-1350	PFA Impact on Reimbursement and Health Economics — Dr. Thomas Deering
1350-1355	Case Based Learning — Medium Profile Dual Energy Integrated Mapping PFA Catheter — Dr. Moussa Mansour
1355-1410	Panel Discussion
Session 7:	Improving the Efficacy of Arrhythmia Therapy — Adjunctive Strategies to Move the Needle — Moderators: Dr. Rahul Doshi & Dr. Vivek Reddy
1410 -1420	Are Adjunctive Targets Completely Out in Non-Paroxysmal AF Patients? Non-PV triggers, Scar Homogenization and Autonomic Modulation  — Dr. Edward Gerstenfeld
1420-1430	Catheter Ablation of AF in the Forgotten Subgroups— Stroke, LVADs — Dr. Andrea Russo
1430-1440	Minimally Invasive and Hybrid Ablation in the PFA Realm — What Has Changed or Not? — Dr. Dawn Hui
1440-1450	Autonomic Modulation for Electrophysiologic Disorders — Yoga, Sympathetic Denervation, Vagal Stimulation, GP Modification and More — Dr. Pasquale Santangeli
1450-1500	Are We Looking at the Wrong Target and Using a Wrong Tool in Patients — New Strategy in the HFpEF War — Dr. Sanjeev Saksena
1500-1505	How to Minimize Char Formation and Improve the Safety Profile of a Multi Electrode PFA Catheters — Dr. Christopher Porterfield
1505-1515	Panel Discussion
1515-1530	Break
Session 8:	Finding gaps in EP Care and Fixing the Obvious — Moderators: Dr. Sanjay Dixit and Dr. Daniel Morin
1530-1540	Leveraging System Macro Level Interventions in Improving Access to Care and Health Outcomes: Reality or Aspirational? — Dr. Thomas Kurian
1540-1550	Weight Loss in AF Management — Gastric Bypass and GLP Inhibitors — Dr. Bradley Knight
1550-1600	Managing CIED Infections — Prevention, Screening, Tools, and Support — Dr. Robert Schaller
1600-1610	Managing Sleep Apnea & HTN in Patients with Atrial Fibrillation — Role of RDN and Other Novel Interventions — Dr. Scott Koerber
1610-1615	Case Based Learning — Role of Remote CIED Monitoring in Disaster Mitigation — Ms. Erica Zado, NP
1615-1625	Panel Discussion
Session 9:	Practical Issues in Arrhythmia Management — Moderators: Dr. Edward Gerstenfeld and Dr. Paari Dominic
1630-1640	Pharmacotherapy of Arrhythmias — Novel Molecules & Methods — Dr. Malini Madhavan
1640-1650	Genetic Screening for Cardiac Rhythm Disorders — How Much Did it Really Change Patient Outcomes and in What Conditions — Dr. Christine Albert

1650-1700 Vascular Closure Devices for EP Procedures — Plugs, Bioscaffolds, Sutures and Other Novel Retention Devices — Dr. Rajesh Kabra

1710-1720 Exercise and Sports in EP Diseases — What is the Current Stance on Screening, Treatment and Post Therapy — Dr. Douglas Darden

1700-1710 Robotic Ablation — Who, Where, When and Why? — Dr. Nate McConkey

1720-1730 Discussion & Adjourn

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### COURSE PROGRAM

### SUNDAY AUGUST 17 2025

SUNDAY,	AUGUST 17, 2025
Session 10:	Appendageology — Moderators: Dr. Bradley Knight and Dr. Amit Koduri
0750-0800	Updates from HRS — Mr. Timothy Gregory
0800-0810	Novel Tools and Trials in LAAO — Dr. Jared Bunch
0810-0820	Mitigating Intra-Procedural Complications During LAAO Procedures — Dr. Jalaj Garg
0820-0830	The Tale of Two Threats After LAAO - Peri-Device Leaks & Device Related Thrombus — Prevention and Management — Dr. Devi Nair
0830-0840	Do you Still Need LAA Closure After AF Ablation — Who, When and How? — Dr. Moussa Mansour
0840-0850	Is DCCV Safe After LAAO? How Do You Manage a Preexisting Thrombus? - Dr. Andrea Natale
0850-0855	Case Based Learning — The Story of Skinny Lariat! - Dr. Rahul Doshi
0855-0900	Panel Discussion
Ci 11.	Divised Health O have retired in Floring hards and De Christine Albert and De Dhamariana lablimed to
	Digital Health & Innovations in Electrophysiology — Moderators: Dr. Christine Albert and Dr. Dhanunjaya Lakkireddy
	Trail Blazer Award and Presentation: The Ascending Future of ICD — Dr. Mark Kroll
	Evolution of Implantable Cardiac Monitors — From Diagnostic Monitoring to Chronic Disease Management — Dr. Daniel Morin
	Remote Cardiac Device Monitoring — Evolution and Nuances of a conventional Device Clinic to a Robust Remote Management — Dr. Niraj Varma
0940-0950	Innovations in Wearable External Defibrillators — Dr. Rahul Doshi
0950-0955	Case Based Learning — Medium Sized Sphere PFA Catheter Ablation with Epicardial LAA Ligation — Dr. Amit Koduri
0955-1005	Panel Discussion
1005-1010	Break
Session 12:	Managing Ventricular Arrhythmias – Moderators: Dr. Malini Madhavan and Dr. Chandra Bomma
	What is the Most Practical Approach to Performing VT Ablation? — Dr. Edward Gerstenfeld
	Ablating VF Substrate in Managing Recurrent VF — Dr. Francis Marchlinski
	Uncovering Various Stages of Myocarditis — Appropriating Risk Stratification and Management — Dr. Dhanunjaya Lakkireddy
	Tacking Difficult Anatomic Substrates in VT/PVC Ablation — ETOH, Bipolar Ablation and More — Dr. Sanjay Dixit
	Case Based Learning — Mitral Valve Uncoupling and SCD - Dr. Krishna Pothineni
	Panel Discussion
.033 1110	

Session 13: Electrophysiology Practice Concepts — Moderators: Dr. Douglas Packer and Dr. Rakesh Gopinathannair	
1110-1120 CPR Education and AED Access Campaign. The HRS-HRA's promise to the Nation — Dr. Rakesh Gopinathannair	
1120-1130 The Real Value of Large Clinical Registries — Solving the Existing Gaps — Dr. Dhanunjaya Lakkireddy	
1130-1140 The Impact of Atrial Fibrillation on Organ Perfusion and How Rhythm Control May Improve Outcomes - Dr. Jared Bun	ıch
1140-1150 Novel Technologies for Clot and Vegetation Removal During Electrophysiology Procedures — Dr. Andrea Natale	
1150-1200 Cardioneural Ablation or Pacing for VVS? - Dr. Paari Dominic	
1200-1205 Case Based Learning — Integrating 3D Mapping in PFA Ablation - Dr. Poojita Shivamurthy	
1205-1225 Panel Discussion	

1225-1230 Adjourn



### **ACKNOWLEDGEMENTS**

### **COMMERCIAL SUPPORTERS**

This symposium is supported through educational grants from

J&J Med Tech EP

Abbott

**Boston Scientific** 

Medtronic

CardioVia

### **EXHIBITORS**

We wish to acknowledge and sincerely thank the following organizations for exhibiting.

### **PLATINUM TIER**

**Abbott** 

**Biosense Webster** 

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### **PREMIER TIER**

Alta Thera **Atricure Catheter Precision** 

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Once your patients have experienced ≥2 recurrences, data show that recurrent pericarditis (RP) may last for years.<sup>1</sup>

THE TREATMENT YOU
CHOOSE TODAY COULD
MAKE A DIFFERENCE
FOR THOSE YEARS

You are no longer limited to an episodic treatment approach for patients with RP.

ARCALYST treats flares and can be used long-term to prevent recurrences.<sup>2,3</sup>



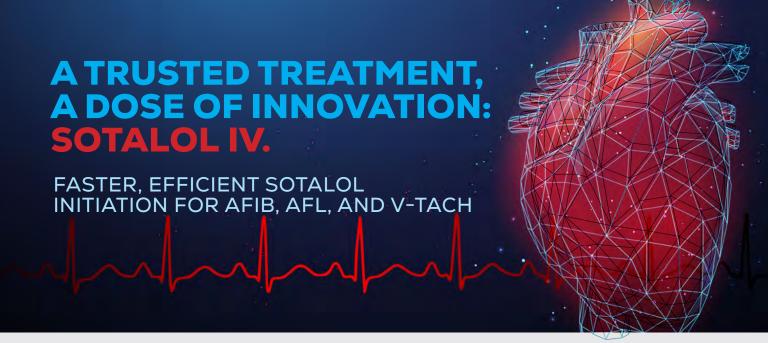
ARCALYST is indicated for the treatment of recurrent pericarditis (RP) and reduction in risk of recurrence in adults and pediatric patients 12 years and older.

### **IMPORTANT SAFETY INFORMATION**

### **Warnings and Precautions**

• Interleukin-1 (IL-1) blockade may interfere with the immune response to infections. Treatment with another medication that works through inhibition of IL-1 or inhibition of tumor necrosis factor (TNF) is not recommended as this may increase the risk of serious infection. Serious, life-threatening infections have been reported in patients taking ARCALYST. Do not initiate treatment with ARCALYST in patients with an active or chronic infection.

Please see Important Safety Information throughout and full Prescribing Information at <u>ARCALYST.com/Pl</u>.





1 hour of Sotalol IV infusion achieves the same maximum serum concentration as 3 days<sup>2</sup> of oral sotalol administration. Learn more at www.sotaloliv.com

WARNING: LIFE THREATENING PROARRHYTHMIA Sotalol can cause life threatening ventricular tachycardia associated with QT interval prolongation. To minimize the risk of drug induced arrhythmia, initiate or uptitrate intravenous sotalol in a facility that can provide continuous electrocardiographic monitoring and cardiac resuscitation [see Dosage and Administration (2.3) and Warnings and Precautions (5.1)]

Do not initiate intravenous sotalol therapy if the baseline QTc is longer than 450 ms. If the QTc prolongs to 500 ms or greater, reduce the dose or discontinue.

### CONTRAINDICATIONS

- Bradyarrhythmia, sick sinus syndrome or 2nd or 3rd degree atrioventricular (AV) block without a pacemaker (4)
- Congenital or acquired long QT syndrome (4)
- Cardiogenic shock or decompensated heart failure (4) Serum potassium < 4mEq (4)
- Bronchial asthma or related bronchospastic conditions (4)
- Hypersensitivity to sotalol (4)

### WARNINGS AND PRECAUTIONS

- Risk of life-threatening ventricular arrhythmias, particularly torsade de pointes (TdP). The risk of TdP can be reduced by adjustment of the sotalol dose according to renal function and by monitoring the
- ECG for excessive increases in QTc. (5.1)
  Bradyarrhythmia, AV block, sick sinus syndrome. Sotalol-induced bradycardia increases the risk of Torsade de Pointe, particularly following cardioversion. In general, sotalol is not recommended in patients with sick sinus syndróme associated with symptomatic arrhythmias, because it may cause USE IN SPECIFIC POPULATIONS sinus bradycardia, sinus pauses, or sinus arrest. (5.2, 5.3)

  • Pregnancy (8.1)
- Negative inotropy: hypotension, heart failure. Monitor hemodynamics during administration. New onset or worsening heart failure may occur during initiation or up-titration of sotalol because of its beta-blocking effects. Monitor for signs and symptoms of heart failure and discontinue treatment if symptoms occur. (5.4, 5.5)
- Bronchospasm. Avoid sotalol use in patients with bronchospastic diseases. If sotalol is required, use the smallest effective dose. (5.6)
- Hypoglycemia. Beta-blockade may mask tachycardia occurring with hypoglycemia, but other manifestations such as dizziness and sweating may not be significantly affected. Diabetic patients may experience elevated blood glucose levels and increased insulin requirements. (5.7)
- Thyroid Abnormalities. Avoid abrupt withdrawal of beta-blockade which might be followed by an exacerbation of symptoms of hyperthyroidism, including thyroid storm. Beta-blockade may mask certain clinical signs (e.g., tachycardia) of hyperthyroidism. (5.8)
- Anaphylaxis. While taking beta-blockers, patients with a history of anaphylactic reaction to a variety of allergens may have a more severe reaction on repeated challenge, either accidental, diagnostic, or therapeutic. Such patients may be unresponsive to the usual doses of epinephrine used to treat the
- allergic reaction. (5.9)
  Anesthesia. The impaired ability of the heart to respond to reflex adrenergic stimuli may augment the risks of general anesthesia and surgical procedures. (5.10)

### ADVERSE REACTIONS

- Proarrhythmia (5.1, 5.2)
- Negative inotropy (5.3, 5.4)

Adverse reactions related to sotalol use are those which are typical of its Class II (beta-blocking) and Class III (cardiac action potential duration prolongation) effects. The common documented beta-blocking adverse reactions (bradycardia, dyspnea, and fatigue) and Class III effects (QT interval prolongation) are

To report SUSPECTED ADVERSE REACTIONS, contact AltaThera Pharmaceuticals LLC at 1-800-524-1985 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

### DRUG INTERACTIONS

Antiarrhythmic and other QT-prolonging Drugs – Concomitant use is not recommended due to the risk of additive QTc prolongation. (7.1)

- Negative chronotropes Concomitant use with digitalis glycosides and beta-blockers increases the risk of bradycardia. (7.2)
- Calcium blocking drugs Sotalol and calcium blocking drugs can be expected to have additive effects slowing atrioventricular conduction, ventricular function, and blood pressure. (7.3)
  Catecholamine-Depleting Agents Concomitant use with catecholamine-depleting drugs may produce
- an excessive reduction of resting sympathetic nervous tone. Monitor for hypotension and marked
- an excessive reduction or resulting sympatrical revolutions and the control of the produce syncope (7.4) Insulin and Oral Antidiabetics Hyperglycemia may occur, and the dosage of insulin or antidiabetic
- drugs may require adjustment. Symptoms of hypoglycemia may be masked. (7.5)
  Beta-2-Receptor Stimulants Beta-agonists may have to be administered in increased dosages when used concomitantly with sotalol. (7.6)
- Clonidine Concomitant use with sotalol increases the risk of bradycardia. (7.7)
- Drug/Laboratory Test Interactions The presence of sotalol in the urine may result in falsely elevated levels of urinary metanephrine when measured by fluorimetric or photometric methods. (7.8)

- Pregnancy (8.1)
  - Fetal/Neonatal Adverse Reactions Sotalol has been shown to cross the placenta and is found in amniotic fluid.
    Labor or Delivery – Risk of arrhythmias increases during the labor and delivery process. Patients
  - treated with sotalol should be monitored continuously during labor and delivery.
- Lactation (8.2)
  - Sotalol is present in human milk in high levels.
- Advise women not to breastfeed while on treatment with sotalol.
- Females and Males of Reproductive Potential (8.3)
- Infertility Based on the published literature, beta blockers (including sotalol) may cause erectile dysfunction.
- Pediatric Use (8.4)
  - Sotalol is indicated for:

    - The treatment of documented, life-threatening VT in pediatric patients
      The maintenance of normal sinus rhythm [delay in time to recurrence of atrial fibrillation/ atrial flutter (AFIB/AFL)] in pediatric patients with highly symptomatic AFIB/AFL who are
  - currently in sinus rhythm. Side effects from use of other sotalol-containing drug products in pediatric patients are those typical of a beta blocking agent.
  - Bradycardia may require emergency pacemaker implantation. Close inpatient monitoring is recommended until steady state drug levels are achieved.
- Renal Impairment (8.5)
  - Sotalol is eliminated predominantly via the kidney. Sotalol exposure increases with decrease in renal function. Sotalol dose should be reduced and interval between doses should be increased based on the patient's renal function.

These highlights do not include all the information needed to use sotalol hydrochloride injection safely and effectively. See full Prescribing Information for sotalol hydrochloride injection at www. sotaloliv.com/pi, including boxed warning, contraindications, and dosing. For more information about Sotalol IV (sotalol hydrochloride injection) please visit our website at www.sotaloliv.com.

REFERENCES: 1. Sotalol IV [package insert]. Chicago, IL: AltaThera Pharmaceuticals; 07/2025 2. BetaPace AF (sotalol hydrochloride) [Full Prescribing Information]. Zug, CH: Covis Pharma; 06/2023.



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Simplify scheduling and reduce lab time by 28 minutes with 3D ICE in LAAO procedures<sup>1</sup>



Streamline operations and reduce costs with 3D ICE in LAAO procedures<sup>2</sup>



Image courtesy: Dr. Andrea Natale, St. David's Medical Center

- 1. Diaz JC, Bastidas O, Duque M, et al. Impact of intracardiac echocardiography versus transesophageal echocardiography guidance on left atrial appendage occlusion procedures: A meta-analysis. J. Cardiovasc. Electrophysiol. 2024; 35(1)44-57.
- 2. Amin, AK, Robinson, A, Gundrum E, et al. Intracardiac echocardiography guided left atrial appendage closure contributes to significant cost savings and reduced length of stay. Heart Rhythm. 2019; 16(5) May Supplement:

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### **Learn More**





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May 28-29, 2026

St. David's Medical Center Austin, TX

**HYBRID EVENT** 

### **COURSE OVERVIEW**

The primary goal of EPLive Austin is to focus on practicing electrophysiologists, EP fellows in training and associated professionals to help meet the educational needs of practicing groups. Our focus will be in arrhythmia treatment including: atrial fibrillation, ventricular arrhythmias, implanting cardiac devices and new technologies regarding advances in electrophysiology

### **HIGHLIGHTS INCLUDE**

- Live Cases
- Expert Discussion
- Interactive Sessions

www.EP-Live.com



14<sup>TH</sup> Annual

International Symposium on Left Atrial Appendage

March 6-7, 2026

Biltmore Hotel Los Angeles, CA

www.islaasymposium.com

# KANSAS CITY HEART RHYTHM SYMPOSIUM 21)2(1) Save the Date

August 15-16, 2026

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